**⎯ D1 ⎯**

**DEFINING THE FINAL PROJECT**

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| --- |
| **Attention:** It’s mandatory to complete all the sections of this document, as well as respecting the original format and structure. |

**1. Name of the study program:** Write in this space the name of your study program, including the name of your specialization (in case you’re taking it.)

**2. Student’s name:** Write in this space your full name.

**3. Title of the proposed Final Project:**

**The Project title reflects its general objective. Example: if the general objective is “Evaluating the effect on active work breaks on the percentage of body fat and muscle in overweight adults from a tech company in Campeche, Mexico.”, a good title may be: “Effectiveness of active work breaks on overweight adults.”**

Write in this space your purposed project title.

**4. Project justification:**

**In this section you must develop the justification for the project to be carried out. You must write your answer based on the questions included below.**

Write in this space the project justification (approximate length: between a half page and a full page.) You must answer the following questions:

* What is the problem that is meant to be solved in the given topic? Why is it important to give it a solution?
* Has a previous solution to this problem been proposed, on a practical or research level?
* What does your project provide to this problem? Is it valuable on a theoretical and practical level?

**5. Objective descriptions:**

**5.1. General objectives**

**There’s only one main goal and it must be the principal purpose of the study. All the objectives always start with an infinitive verb.**

**Example: “Develop an educational program oriented to the promotion of healthy eating habits in nursing mothers of Honduras.”**

Write in this space your main goal.

**5.2. Specific objectives**

**Specific objectives must always be aligned with the general objective, so that the specific objectives enable us to visualize the accomplishment of the general objective. It must present between 3 and 5 specific goals, in an infinitive tense.**

**Example:**

1. **Describe the main nutritional needs of nursing mothers.**
2. **Identify the Honduran food products that will respond to the nutritional needs of nursing mothers of this region.**
3. **Design a dietary proposal adapted to the nutritional needs of nursing women in Honduras that includes native foods of interest.**
4. **Develop an implementation purpose of an educational program for this community in the region of Honduras that identifies a first pilot group.**

Specific goal 1.

Specific goal 2.

Specific goal 3.

Specific goal 4.

Specific goal 5.

**6. Methodology**

**Choose the corresponding option for your methodological design for each section, and explain the rest of the sections in the spaces provided.**

**Definition of the Methodological Design:**

* **Methodology:** Choose an option.
* Research design: Choose an option.
  + Subcategory Choose an option.
* Study type: Choose an option.
* Other: Write here the methodological design **only** if it’s absent in the previous listings.
* Group/sample (not more than 50 words:) Write here the studied population and the selected sample for the Final Project.
* Variants: Include the list of variants that are going to be analyzed in your final project.
* Measuring instrument(s) and techniques: Present the measuring instrument(s) and techniques to collect your project’s data.
* Proceedings (not more than 250 words:) Briefly explain how you’re going to develop the final project, indicating the steps.
* Statistical analysis: Indicate the program with which you will carry out the data analysis and the tests that will be carried out.

**7. Script/index that the Theoretical Framework will follow:**

**Indicate the sections that your Theoretical Framework will follow. As a guideline, this section is meant to present the chapters as a reference to the bibliographical revision (background) of the research topic.**

**THEORETICAL FRAMEWORK**

**CHAPTER 1: CHAPTER’S TITLE**

**1.1. Subchapter’s title**

***1.1.1. Section’s title***

*1.1.1.1. Subsection’s title*

**1.2. Subchapter’s title**

***1.2.1. Section’s title***

*1.2.1.1. Subsection’s title*

**1.n. Subchapter’s title**

**CHAPTER 2: CHAPTER’S TITLE**

**2.1. Subchapter’s title**

**2.2. Subchapter’s title**

**2.n. Subchapter’s title**

**CHAPTER N: CHAPTER’S TITLE**

**8. Bibliography**

**Below, write from 5 to 10 main bibliographical references consulted up to this moment, according to the corresponding rules of citation. Consulting scientific databases and search engines with scientific accuracy is highly recommended. Bibliographical references must be those mainly published in the last 5 years, and related to the Final Project’s topic, especially those used in the project’s justification and methodological design sections.**

bibliographic reference 1.

bibliographic reference 2.

bibliographic reference 3.

bibliographic reference 4.

bibliographic reference 5.

bibliographic reference 6.

bibliographic reference 7.

bibliographic reference 8.

bibliographic reference 9.

bibliographic reference 10.

**9. Legal and ethical aspects:** Choose an option.

**For research involving direct participation of human beings (this includes exposure to chemical or biological substances or the administration of psychometrical tests that involve access to confidential information), animals, or exposure to biological agents, the study must have the approval of an Ethics Committee in the institution where this will be carried out. When the director subsequently authorizes your D1, the approval of the University Ethics Committee must be processed.**

**10. Other information of interest** (When needed:)

Explain relevant information related to the project’s development so it can be assessed by the Academic Commission that hasn’t been added in the prior sections.

Do not add personal information that is unrelated to the Final Project.

**11. Annexes** (When needed:)

**In this section you must add, if needed, the survey questionnaires, psychometric tests or intervention protocols that are not internationally recognized to be evaluated by the roles taking part in this phase.**

**Resolution (Must be completed by the Final Project’s Secretary:)**

Evaluation result: Choose an option.

**Final Project’s Director:** Write in this space the name of the Final Project’s assigned Director.

**Comments:** Write in this space the relevant considerations, if any:

**Resolution (Must be completed by the Final Project’s Secretary:)**

Evaluation result: Choose an option.

**Comments:** Write in this space the relevant considerations, if any: